

TAGATA FOLAU

THE NAVIGATOR

FOR THOSE WHO WISH TO CONTINUE THEIR KAYAKING JOURNEY
BEYOND OUR ENTRY LEVEL PROGRAMS

We recognise everyone is an individual and has a different reason for kayaking. Whether that is to have fun and be active and healthy, to socialise and be a part of a community, to test yourself against others, or even to race a kayak at the Olympicswe are there to help you navigate your own way forward at your own pace.

Our Head Coach, Paul Fidow, has coached and managed athletes and teams at all levels of Sprint Kayaking, and has a wealth of experience and knowledge that he is prepared to share.

We are clear in our philosophy that YOU set the direction of your waka..... YOU are the Tagata Folau - *the navigator*. We will support you, and provide coaching and a safe environment to learn and improve as long as you need/want us to be on board.

We know our local community in the East and understand the pressures and barriers faced by many. Our coaches do not charge for their services, and work in the Tagata Folau space in their spare time, free of charge.

